

Syllabus for PhD in Ayurved Samhita

[Ayurved Samhita & Siddhanta (Ayurvedic Compendia & Basic Principles)]

Charak Samhita

- 1) Charak Samhita complete with Ayurved Dipika commentary by Chakrapani
- 2) Sushruta Samhita [Only Sutra Sthan and Sharir Sthan] - Nibandha Samgraha commentary by Acharya Dalhana
- 3) Ashtang Hridaya by Vagbhata-only Sutra Sthan - Sarvanga Sundara commentary by Arun Dutt
- 4) Information on all commentaries of Bruhat Trayi

Ayurvediya and Darshanika Siddhanta

- 1) Introduction And Description Of Philosophical Principles of Bruhat trayi
- 2) Analysis Of Principles
 - 1) Loka-Purusha Samya
 - 2) Shadpadartha,
 - 3) Praman
 - 4) Srishti Utpatti
 - 5) Panchmahabhuta
 - 6) Pilupaka, Pitharpaka
 - 7) Karana- Karyavada
 - 8) Tantrayukti,
 - 9) Nyayas (Maxims),
- 10) Atmatatva Siddhant

Importance and applicability of

- 1) Satkaryavad
- 2) Arambhavada
- 3) Parmanuvada
- 4) Swabhavoparamvada
- 5) Swabhava Vada
- 6) Yadricha Vada
- 7) Karmvada.

Practical Applicability Following Principles

- 1) Sankhya- Yoga
- 2) Nyaya- Vaisheshika
- 3) Vedanta-Mimansa

Ayurved Itihas and Prayogika Siddhant

- 1) Post independent Development of Ayurveda
- 2) Globalisation of Ayurved
- 3) Introduction of department related to Ayurveda , GOI.
- 4) Ayurvedic doctrines –Basic principles
- 5) Practical applicability principles laid by Nastik Darshan

Reference Books:

1. Charak Samhita with Chakrapani commentary.
2. Sushruta Samhita with Dalhana Commentary.
3. Ashtanga Samgraha with Sarvangsundara.
4. Ashtanga Hridaya with Sarvangasundara.
5. Vaisheshika Darshan – Prashastapada Bhasya
6. Nyaya Darshan - Vatsyayan Bhasya Patanjala
7. Yoga Darshan- Vyas Bhasya
8. Vedantsara

9. Sarvadarshan Samgraha

10. Bhartiya Darshan - Baldev Upadhyaya.

11. Ayurved Darshanam - Acharya Rajkumar Jain.

12. Ayurved Darshan Vimarsha- Dr O.P. Upadhyay.

13. Ayurvediy Jeevak Su -Dr O.P. Upadhyay.

14. Padartha Vidnyan - Dr O.P. Upadhyay.

15. Scientific Exploration of Ayurved – Dr. Sudhir Kumar.