

Department of Panchakarma

KAYASEKA



JANUBASTI



RAKTAMOKSHANA



Leech Therapy

Using Cupping Instrument

Facilities

- Well equipped separate male and female Panchakarma procedure rooms
- Sarvanga snehana and dhara droni
- Shirodhara and Shirobasti Yantra
- Vividha Basti Yantra
- Vamana Yantra
- Dhoompana Yantra
- Padaabhyanga Yantra
- Abdominal Massager
- Traction
- Physiotherapy

Services provided by Panchakarma

Department:

- Shirobhyanga , Mukha Abhyanga
- Abhyanga Mardana, Unmardana, Samvāhana
- Udvartana / Utsādana, Pādāghāta
- Māstiskya, Shiro Lepa (Tala Potichil)
- Siro-Basti,, Kativasti, Januvasti
- Various swedana procedure
- Agnikarma
- Shirodhara (Takra Dhārā)
- Vamana, Virechana, Niruha basti
- Anuvasana Vasti, Matra vasti
- Uttaravasti, Nasya, Raktamokshana (siravyadha), Jalauka and
- **Keraliya Panchakarma Chikitsa**

Departmental Abilities

- Departmental library having more than more than 100 books.
- E- Museum Publication

Courses

- Post Graduate course
- Fellowship in panchakarma
- PHD in Panchakarma
- CCPA Course for 10th and 12th passed students

Introduction:

Panchakarma is a special procedural branch of Ayurveda, in which a “Super Specialization” of Ayurveda is expressive. Putative special procedurals of Panchakarma distinguish Ayurveda from other systems of medicine. Study of different eliminative procedures, massages, fomentation techniques, therapeutic emesis, purgation, medicated enema, bloodletting, oil shower on head (*Shirodhara*) are the different highlighted areas covered in this arena. Purification of the body is an ideal way to remove stored unwanted material from body where the causative factors of diseases are removed from the body. This can give a permanent cure from diseases or on the other hand avoid frequent exacerbations of disease.


Department of Panchakarma in Mahatma Gandhi Ayurved College, Wardha has well equipped OPD, IPD and Panchakarma procedural area. Staff in the department is highly qualified and dedicative to perform around 50 Panchakarma procedures are done here by skilled trained staff under the supervision of specialized staff. Well furnished spacious wards / rooms are available for treatment, separate for male and female, suitable for all economic groups.

We have excellent departmental infrastructure setup in college with museum, models, books, charts, departmental staff rooms, which provide the opportunity to learn more not only by students but also for patients.

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Faculty in Panchakarma Department:

Sr no	Name	Designation	Specialty	Photo
1	Dr. Shiva Rama Prasad Kethamakka	Professor	Liver Diseases, Paralysis, Infertility, IVDP, Obesity, Skin Diseases (psoriasis, Vitiligo) Diabetes	
2	Dr. Shweta Parve	Associate Professor	Hair disorder, Insomnia, Stress related disorder , Female Infertility,	
3	Dr. Nandkishor P. Umale	Assistant Professor	Life Style Disorder, Metabolic Disorder, Spine Disorder, Krushata, Respiratory Disorder, Chronic Rhinitis	
4	Dr. Yogeshwari Supale	Assistant Professor	Musculoskeletal Disorder, Infertility Skin diseases, Spine disorder	

Services provided by Panchakarma Department:

Shirobhyanga	Mukha Abhyanga
Abhyanga & Bhasphasweda	Padabhyanga
Mardana, Unmardana,	Samvāhana
Udvartana / Utsādana	Pādāghāta
KarnaPurana	AkshiTarpana
Māstiskya,	ShiroLepa (TalaPotichil)
Talam	Gandusha, Kavala
Siro-Basti	Kativasti
Januvasti	Prustavasti
Greevavasti	Lumbar traction
Cervical traction	Diathermy
Infrared therapy	Avagahasveda
Shashtika Shalipinda Sveda (Navarakizhi)	Agnikarma
Patra panda sveda (Elakizhi)	Jambeera pindasveda
Churna pindasveda (podikizhi)	Upanaha Sveda
Valukasveda	Shirodhara (TakraDhārā)
Sarvanga Dhara (Pizichil)	Anna lepa
Snehapana	Vamana
Virechana	Niruhabasti
Anuvasana Vasti	Matravasti
Uttaravasti	Nasya
Ksheera dhooma	Dhoomapana
Raktamokshana (siravyadha)	Jalauka

KeraliyaPanchakarmaChikitsa

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Publication

2. Courses

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3. Publication

4. Gallery

a) **Vamana workshop 2011**

b) **CME snehana 2012**

c) **Asthetic Panchakarma 2013**

d) **Standardizations Of Panchakarma 2014**