

## **THEME 1: Basic Science as applied to Dermatology, STDs and Leprosy**

The structure, functions and development of human skin.

- Ultrastructural aspects of epidermis, epidermal appendages, dermo-epidermal junction, dermis, and sub-cutis.
- Immunology, molecular biology and genetics in relation to the skin.
- Epidermal cell kinetics and keratinization.
- Lipids of epidermis and sebaceous glands.
- Percutaneous absorption.
- Skin as an organ of protection and thermoregulation.
- Biology of eccrine and apocrine sweat glands.
- Biology of melanocytes and melanin formation.
- Biology of hair follicles, sebaceous glands and nails.
- Epidermal proteins.
- Dermal connective tissue: collagen, elastin, reticulin, basement membrane and ground substance.
- Metabolism of carbohydrates, proteins, fats and steroids by the skin.
- Cutaneous vasculature and vascular reactions.
- Mechanism of cutaneous wound healing.
- Cellular and molecular biology of cutaneous inflammation and arachidonic acid metabolism.
- Immunologic aspects of epidermis.
- Human leukocyte antigen (HLA) system.
- Immunoglobulins.
- Cytokines and chemokines.
- Lymphocytes, neutrophils, eosinophils, basophils and mast cells.
- Complement system.
- Hypersensitivity and allergy.

- Cutaneous carcinogenesis (chemical, viral and radiation).
- Basics of cutaneous bacteriology, mycology, virology, parasitology and host resistance.
- Common laboratory procedures, stains, culture media etc. related to the cutaneous diagnosis.
- Basic pathologic patterns and reactions of skin.
- Common laboratory stains and procedures used in the histopathologic diagnosis of skin diseases and special techniques such as immunofluorescence, immunoperoxidase and other related techniques.

## **Theme 2: Dermatology**

### **Papulosquamous diseases**

- Psoriasis, pityriasis rubra pilaris, pityriasis rosea.
- Parapsoriasis, lichen planus, lichen nitidus.
- Palmo-plantar keratodermas, Darier's disease, Porokeratosis.
- Ichthyoses and ichthyosiform dermatoses.
- Kyrle's disease and other perforating disorders.

### **Vesiculo - bullous disorders**

- Erythema multiforme, Stevens-Johnson syndrome, Toxic epidermal necrolysis.
- Bullous pemphigoid, Pemphigus.
- Chronic bullous disease of childhood.
- Herpes gestationis (pemphigoid gestationis).
- Hereditary epidermolysis bullosa.
- Epidermolysis bullosa acquisita.
- Dermatitis herpetiformis.
- Familial benign pemphigus.
- Subcorneal pustular dermatoses.
- Pustular eruptions of palms and soles.

## **Disorders of epidermal appendages and related disorders**

- Disorders of hair and nails.
- Disorders of sebaceous glands.
- Rosacea, Perioral dermatitis, acne.
- Disorders of eccrine and apocrine sweat glands.
- Follicular syndromes with inflammation and atrophy.

## **Epidermal and appendageal tumours**

- Precancerous lesions, squamous cell carcinoma and basal cell carcinoma
- Keratoacanthoma, benign epithelial tumours, appendageal tumours
- Merkel cell carcinoma, Paget's disease

## **Disorders of melanocytes**

- Disorders of pigmentation, albinism, benign neoplasia and hyperplasias of melanocytes, dysplastic melanocytic nevi, cutaneous malignant melanoma.

## **Inflammatory and neoplastic disorders of the dermis**

- Acute febrile neutrophilic dermatosis (Sweet's syndrome)
- Erythema elevatum diutinum
- Cutaneous eosinophilic diseases
- Granuloma faciale
- Pyoderma gangrenosum
- Erythema annulare centrifugum and other figurate erythemas
- Granuloma annulare
- Malignant atrophic papulosis (Dego's Disease)
- Neoplasms, pseudoneoplasms and hyperplasias of the dermis
- Vascular anomalies
- Kaposi's Sarcoma

- Anetoderma and other atrophic disorders of the skin
- Ainhum and pseudoainhum
- Neoplasias and hyperplasias of neural and muscular origin
- Elastosis perforans serpiginosa and reactive perforating collagenosis

### **Lymphomas, pseudolymphomas and related conditions**

#### **Disorders of subcutaneous tissue**

- Panniculitis
- Lipodystrophy
- Neoplasms of the subcutaneous fat

#### **Disorders of the mucocutaneous integument**

- Biology and disorders of the oral mucosa
- Disorders of the anogenitalia of males and females

#### **Cutaneous changes in disorders of altered reactivity**

- Genetic immunodeficiency diseases
- Urticaria and Angioedema
- Disorders associated with complement abnormalities
- Graft-versus-host Disease
- Mucocutaneous manifestations in immunosuppressed host other than HIV infection
- Contact dermatitis
- Auto-sensitization dermatitis
- Atopic dermatitis (atopic eczema)
- Nummular eczematous dermatitis
- Seborrhoeic dermatitis
- Vesicular palmoplantar eczema

#### **Skin changes due to mechanical and physical factors**

- Occupational skin disease
- Radiobiology of the skin
- Skin problems in amputee
- Sports dermatology
- Skin problems in war field
- Decubitus ulcers

### **Photomedicine, photobiology and photo immunology in relation to skin**

- Acute and chronic effects of ultraviolet radiation and sun light on the skin
- Narrow-band ultraviolet B (NBUVB) therapy, phototherapy, photochemotherapy

### **Disorders due to drugs and chemical agents**

- Cutaneous reactions to drugs
- Mucocutaneous complications of anti-neoplastic therapy
- Cutaneous manifestations of drug abuse

### **Dermatology and the ages of man**

- Neonatal dermatological problems
- Pediatric and adolescent dermatological problems
- Ageing of skin
- Geriatric dermatological problems

### **Skin lesions in nutritional metabolic and heritable disorders**

- Cutaneous changes in nutritional disease
- Acrodermatitis enteropathica and other zinc deficiency disorders
- Cutaneous changes in errors of amino acid metabolism: Tyrosinemia II, phenylketonuria, arginine succinic aciduria, and alkaptonuria
- Amyloidosis of the skin
- The porphyrias

- Xanthomatosis and lipoprotein disorders
- Fobry's Disease; galactosidase - a deficiency (Angiokeratoma corporis diffusum universale)
- Lipid proteinosis
- Cutaneous mineralisation and ossification
- Heritable disorders of connective tissue with skin changes
- Heritable disease with increased sensitivity to cellular injury
- Basal cell Naevus syndrome

### **Skin manifestations of hematologic disorders**

- Skin changes in hematological disease
- Langerhans cell and other cutaneous histiocytoses
- The Mastocytosis syndrome

### **Skin manifestations of systemic disease**

- The skin and disorders of the alimentary tract
- The hepatobiliary system and the skin
- Cutaneous changes in renal disorders, cardiovascular, pulmonary disorders and endocrinal disorders
- Skin changes and diseases in pregnancy
- Skin changes in the flushing disorders and the carcinoid syndrome

### **Skin manifestations of rheumatologic disease**

- Lupus Erythematosus
- Dermatomyositis
- Scleroderma
- Systemic Necrotizing Arteritis
- Cutaneous Necrotising venulitis

- Cryoglobulinemia and Cryofibrinogenemia
- Relapsing Polychondritis
- Rheumatoid Arthritis, Rheumatic Fever and Gout
- Sjogren's syndrome
- Raynaud's phenomenon
- Reiter's syndrome
- Multicentric Reticulohistiocytosis

### **Cutaneous manifestations of disease in other organ systems**

- Sarcoidosis of the skin
- Cutaneous manifestations of Internal Malignancy
- Acanthosis Nigricans
- Scleredema
- Papular Mucinosis
- Neurocutaneous disease
- Tuberous Sclerosis Complex
- The Neurofibromatosis
- Ataxia Telangiectasia
- Behcet's disease

### **Bacterial diseases with cutaneous involvement**

- General considerations of bacterial diseases
- Pyodermas: Staphylococcus aureus, Streptococcus, and others
- Staphylococcal Scalded-Skin syndrome
- Soft Tissue Infections: Erysipelas, Cellulitis, Septicemia and Gangrenous

#### Cellulitis

- Gram-Negative Coccal and bacillary infections

- Bartonellosis
- Miscellaneous bacterial infections with cutaneous manifestations
- Tuberculosis and other myopacterial infections
- Actinomycosis, Necardiosis, and Actinomycetoma
- Lyme Borreliosis
- Kawasaki Disease

### **Fungal diseases with cutaneous involvement**

- Superficial fungal infection: Dermatophytosis, Tinea Nigra, Piedra
- Yeast Infections: Candidiasis, Pitryiasis (Tinea) Versicolor
- Deep Fungal Infections

### **Viral and ricketisial disease**

- Viral Diseases: general consideration
- Rubella (German Measles)
- Measles
- Hand, Foot and Mouth Disease
- Herpangina
- Erythema Infectiosum and Parvovirus B 19 infection
- Herpes simplex
- Varicella and Herpes Zoster
- Cytomegalovirus Infection
- Epstein - Barr Virus Infections
- Human Herpes virus 6 & 7 infections and Exanthen subitum  
(Roseola Infantum or Sixth Disease)
- Smallpox and Complications of small pox vaccination
- Contagious Pustular Dermatitis, Contagious Ecthyma: Orf virus infection



- Molluscum Contagiosum
- Miller's Nodules
- Warts
- Human Retroviral Disease: Human T-Lymphotropic Virusviruses

### **Theme 3: Sexually transmitted diseases**

#### **Venereology**

- Clinical approach to the patient of sexually transmitted disease
- Anatomy of male and female genitalia
- Epidemiological aspects of STDs
- Viral STDs including HIV, Herpes, Human Papilloma virus (HPV), Molluscum contagiosum, Espirito Santo virus (ESV) etc.
- Bacterial STD's: Syphilis, Gonorrhoea, Chancroid, Donovanosis
- Chlamydial infections: Lymphogranuloma venereum, urethritis, cervicitis, nongonococcal urethritis (NGU), non-specific vaginitis etc.
- Fungal: Candidiasis
- Protozoal: Trichomoniasis
- Ectoparasitic: Scabies, Pediculosis infestations.
- Syndromic management of STDs
- HIV/AIDS - Epidemiology, transmission, patient load, High risk groups, cutaneous manifestations of HIV, treatment of opportunistic infections, antiretroviral therapy, management of STDs in HIV positive cases
- STDs in reproduction health and Pediatrics
- STDs and HIV
- Prevention, counselling and education of different STDs including HIV

- National Control Programmes of STDs and HIV infection
- Medico-legal, social aspects of STDs including psychological and behavioural abnormalities in STD patients

#### **Theme 4: Leprosy**

- Approach to the patient with leprosy
- Epidemiological aspects
- Structure, biochemistry, microbiology of *Mycobacterium leprae*
- Animal models
- Pathogenesis
- Classification
- Immunology and molecular biological aspects
- Histopathology and diagnosis including laboratory aids
- Clinical features
- Reactions
- Systemic involvement (Ocular, bone, mucosa, testes and endocrine etc.)
- Pregnancy and leprosy
- HIV infection and leprosy

#### **Theme 5: Dermatosurgery, Cosmetic dermatology and procedural dermatology and dermatotherapeutics**

##### **Topical therapy**

- Pharmacokinetics principles in topical applications of drugs.
- Principles of topical therapy.

##### **Topical agents**

- Glucocorticoids, Acne therapies, Analgesics, Anesthetics, Anti-inflammatory,

Anti hair loss, Anti-microbial, Anti-parasitic, Anti-perspirants, Anti-pruritic, Antiviral, Astringents, Bleaching agents, Keratolytics, Psoriasis therapies, Wart therapies, Topical Retinoids, Topical Antibiotics, Topical Anti-fungal Agents, Sun-protective Agents, Keratolytic Agents, Topical Cytotoxic Agents, Cosmetics and Skin care in practice.

### **Systemic therapy**

- Systemic glucocorticoids, Sulfones, Aminoquinolines, Cytotoxic and Antimetabolic Agents, Oral Retinoids, Antihistamines, Antibiotics, Antiviral Drugs, Oral Antifungal Agents, Immunosuppressive and Immunomodulatory drugs, Thalidomide, photo-chemotherapy and photo-therpay, electric cautery, Cryotherapy, electrolysis, tattooing, intra-lesional injections etc.

### **Surgery in dermatology**

- Dermatologic Surgery: Introduction and Approach
- Skin Resurfacing: Chemical Peels
- Skin Resurfacing: Dermabrasion
- Skin Resurfacing: Laser
- Skin punch grafting
- Wound Dressings
- Cryosurgery
- Nail Surgery