## Course Outcome (CO) and Program Outcome (PO) Theory

	Course Outcome (CO)			Pro	gramme Ou	tcome (PO)		
Topics	Lectures	PO1 Clinician	PO2 Leader and member	PO3 Commu nicator	PO4 Lifelong learner	PO5 Professional	PO6 Critical Thinker	PO7 Researcher
General	Introduction to general physiology. Functional organization of the human body, cell physiology, Homeostasis. (External and internal environment)	1	1	2	3	2	3	3
Physiology (02 hours)	Transport across the cell membrane	3	1	2	3	3	3	3
	Blood: Composition, Function Plasma: composition, formation, functions Plasma proteins Lymph: Composition, formation, circulation and functions	3	1	2	3	2	3	3
	Immunity: antibody structure & types, antigen antibody reactions.  W.B.C.: Types, Morphology, Function, Normal count and Differential W.B.C count, Physiological variations	3	1	2	3	2	3	3
Heamtology (04 hours)	Blood Groups: Landsteiner's law. Types, significance, determination, (Rh system, Blood Transfusion, Indications storage of blood and changes during storage, transfusion reactions)	3	1	2	3	2	3	3

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	Erythrocytes: Morphology functions,							
	Normal count, Physiological							
	variations in normal count and							
	Anaemia and Polycythemia,							
	Erythropoiesis, (Types of Jaundice)							
	Haemoglobin: Functions, normal							
	values, Anemia	3	1	2	3	2	3	3
	Platelets & Haemostatic mechanisms,							
	anticoagulants	3	1	2	3	2	3	3
	Introduction to nerve muscle							
	physiology, resting membrane							
	potential: Definition, production and							
	maintenance, method of							
	measurement, significance	3	2	2	3	2	3	3
	Action potential: Definition, phases,							
	depolarization, repolarization, ionic							
	basis depolarization, and							
	repolarization, production and							
	propagation of A.P, [Compound							
	action potential]	3	2	1	3	2	3	3
	Nerve: Structure and functions of							
	neurons, Classification, Properties							
	and impulse transmission of nerve							
	fibers, properties of nerve fibers,	3	2	1	3	2	3	3
	Classification and structure of							
	Skeletal muscle, Electron microscopic							
	Structure, muscles proteins,							
	sarcoplasmic tubular system : concept							
	of sarcoplasmic triads and their							
	function, Properties of skeletal							
	muscles,							
Nerve	Energetics: fuel used by skeletal							
Muscle	muscles at rest & in exercise,							
Physiology	metabolic pathways involved to yield							
(08 hours)	ATP	3	2	2	3	2	3	3

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	[Motor unit: Factors affecting							
	development of tension in the muscle							
	number of motor units contracting							
	,type of muscle , number of muscle							
	fibers in each unit activated,							
	supraspinal influences, length tension							
	relationship							
	frequency of stimulation, duration of							
	summation ,load ,type of contraction							
	chemical composition of muscle							
	fibers]	3	2	2	3	3	3	3
	Smooth muscle –structure,							
	distribution, types molecular							
	mechanism of contraction properties,		_	_	_	_		_
	regulation & disorders	3	2	2	3	3	3	3
	Neuromuscular transmission:							
	Physiologic anatomy Neuromuscular							
	blocking, clinical significance -							
	myasthenia gravis,	3	2	2	3	3	3	3
	Molecular basis of skeletal muscles:							
	contraction, Excitation- Contraction							
	coupling. (Strength duration curve –							
	chronaxie & factors affecting it )	3	2	2	3	3	3	3
	Wallerian degeneration and							
	regeneration of nerve fibers, (Oxygen							
	debt: definition, types (lactic, alactic)							
	incurring of debt repaying the debt,							
	significance)	3	2	2	3	1	3	3
	Introduction and functions of							
Respiratory	respiratory system: Physiological							
system (07	anatomy & Functions of respiratory							
Hours)	system	3	2	2	3	3	3	3

Mechanics of breathing: Mechanics							
of respiration: Ventilation: Inspiratory							
& expiratory Muscles, Intrapleural							
pressure.							
Lung and thoracic compliance, factors							
affecting compliance, work of							
breathing, surface tension forces and							
role of Surfactant. Airway resistance							
& elastic resistance.	3	2	2	3	3	3	3
Spirometry: Lung volumes and							
capacities: measurement &							
physiological significance. Tidal							
volume, vital capacity, forced vital							
capacity.							
Pulmonary ventilation, alveolar							
ventilation, alveolar dead space. –							
applied aspect, maximum breathing							
capacity and breathing reserve.							
(Method of determination of dead							
space, residual volume, functional							
residual capacity)	3	2	2	3	3	3	3
Pulmonary circulation and V/P/ ratio							
Transport of gases across respiratory							
membrane and							
O2 dissociation curve: Diffusion of							
gases, structure of alveolo-capillary							
membrane, exchange of respiratory							
gases at alveolo- capillary membrane,							
factors affecting diffusion							
Transport of oxygen & carbon							
Dioxide, [Hypoxia: Effects of							
hypoxia. Types of hypoxia.							
Pulmonary circulation –	3	2	2	3	3	3	3

	characteristics, ventilation perfusion							
	ratio, respiratory adjustment in							
	exercise], (Oxygen therapy:							
	indication, hazards of hyperbaric							
	oxygen and use)							
	,							
	Regulation of respiration: Control of							
	breathing: neural control & chemical							
	control, [Artificial respirations],							
	(Acclimatization at high altitudes)	3	2	2	3	3	3	3
	General organization and Introduction							
	function and importance of system,							
	Structure of heart ,nerve supply,							
	histology, contractile and conductive							
	fibers,	3	2	2	3	3	3	3
	Action Potential and pace maker							
	potential: Properties of cardiac							
	muscle: excitability contractility,							
	conductivity, autorhythmicity, all or							
	none law, long refractory period.							
	Generation and conduction of cardiac							
	impulse, (Pacemaker potential, action	_		_	_		_	_
	potential of cardiac muscle)	3	2	2	3	3	3	3
	Cardiac cycle: pressure–volume							
	changes, heart sound and their clinical							
Cardiovasc	significance, correlation of pressure,							
ular System	volume, ECG, heart sound in cardiac							
(09 Hours)	cycle	3	2	2	3	3	3	3

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Definition.							
Lead arrangement & normal waves&							
their significance with reference to							
lead II							
Definition.							
ECG: Lead arrangement & normal							
waves& their significance with							
Reference to lead II, (physiological,							
pharmacological and clinical							
significance)							
E.C.G electrical axis of heart, heart							
blocks and arrhythmias, ischemia,							
infarctions	3	2	2	3	3	3	3
Cardiac output: Definition. Normal							
value. Determinants. Stroke volume							
and its regulation.							
Factor affecting cardiac output							
details measurement - principles.	3	2	2	3	3	3	3
Arterial Blood pressure: Blood							
Pressure: Definition. Normal values							
and its variations. Determinants.							
Short term and long term Regulation							
of BP in detail.							
Adaptation of cardiopulmonary							
system to various grades of exercise.							
Heart rate & its regulation	3	2	2	3	3	3	3
Haemodynamics – definition. Blood						_	
flow, resistance							
,							
Lymphatic system: anatomy,							
formation and composition of lymph,							
function of lymphatic system, lymph							
flow and factors affecting it. Patho							
physiology of oedema	3	2	2	3	3	3	3
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	Shock: Hemorrhagic shock – stage							
	and compensatory mechanisms,							
	effect on body, physiological basis of							
	treatment in brief	3	2	2	3	3	3	3
	Effects of acute and chronic exercise:							
	Effects of acute and chronic exercise							
	on							
	- Muscle strength, power and							
	endurance							
	- Basal Metabolic Rate/Respiratory							
	Quotient							
	- Cardio Vascular System							
	- Respiratory System							
	- Body fluids and electrolytes, [Effect							
	of							
	gravity, altitude, acceleration, pressure							
	on physical parameters], (Effects of							
Eercise	acute and chronic exercise on							
Physiology	Oxygen transport							
(01 hours)	Hormonal and metabolic effect)	3	2	2	3	3	3	3
	Introduction, Organization of CNS:							
	Organization of CNS, PNS, Functions							
	of nervous system, [Neurotransmitters		_		_	_		_
	- details]	3	2	2	3	3	3	3
	Synapse: Definition, physiological							
	anatomy, sequence of events of							
	synaptic transmission, properties,							
	(state the property & its significance),							
	significance of synaptic transmission,							
	applied aspect, [susceptibility of	2					2	
	synapse to hypoxia drugs etc]	3	2	2	3	3	3	3
Central	Sensations: different modalities,							
Nervous	classification with examples and							
System	significance - sensation of touch, pain	2			1	2	2	
(15 Hours)	proprioception: details of each,	3	2	2	3	3	3	3

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Receptors: Definition, classification							
(basis of each classification with							
Example), properties (state each							
property with underlying mechanism							
& significance	3	2	2	3	3	3	3
Reflexes: definition, classification							
(basis of classification with example),							
reflex arc & its components,							
properties (state each property with							
basis & importance)							
- '							
Stretch reflex – definition, muscle							
spindle (details with innervations, role							
of gamma motor neurons) role of							
supra spinal control – in brief,							
functions of stretch reflex ( regulation							
of muscle tone) inverse stretch reflex.							
Polysynaptic reflexes: withdrawal							
reflex.	3	2	2	3	3	3	3
Tracts: Ascending & descending							
tracts: details of each tracts –							
(situation & extent in spinal cord,							
origin, course & termination,							
collaterals, somatotopic arrangement,							
functions, applied aspect, tests)							
Ascending tracts: Basic plan of							
somatosensory pathway for conscious							
Sensation, pathway from head, face							
region.	3	2	2	3	3	3	3
Tracts: Descending tracts: Pyramidal							
tracts – details., extra pyramidal							
tracts,							
Differences between UMN & LMN							
lesions	3	2	2	3	3	3	3

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[Physiology of pain: Mechanisms of referred pain, differences between superficial & deep pain, central analgesia system, supraspinal control of stretch reflex – details.]	3	2	2	3	3	3	3
Sections at various levels in CNS:							
Spinal transection – spinal animal.							
Complete – 3 stages – spinal shock, stage of recovery, stage of reflex							
failure – details of each stage.							
Incomplete transection, Hemisection,							
[Thalamus - applied aspects – effects							
of lesions.							
Hypothalamus - applied aspects – effects of lesions]							
Low midbrain section – decerebrate animal: Decerebrate rigidity. (Classical & ischemic with mechanisms, characteristics features, physiological significance)							
High midbrain section – High decerebrate animal.							
Thalamic or Decorticate animal.]	3	2	2	3	3	3	3
Reticular formation: Introduction,							
anatomy in brief, functional divisions,							
[Effects of lesion]	3	2	2	3	3	3	3
Tone posture & equilibrium: Definition, classification of postural							
reflexes, Details of each reflex and its							
function. Regulation of posture							
integrating centers at various levels of	3	2	2	3	3	3	3

CNS							
Vestibular apparatus: Physiologic							
anatomy, mode of function of utricle							
& saccule and semicircular canals,							
vestibulo-occular & vestibulo-spinal							
reflexes	3	2	2	3	3	3	3
Cerebellum: Introduction, functional							
classification, intracortical circuit,							
deep cerebellar nuclei, connections o	f						
different lobes, functions of							
cerebellum, cerebellar function tests,							
effects of lesion in brief, (Cerebellum	1						
– Embryology, evolution, effects of							
stimulation & ablation.							
Ataxias							
Speech – aphasias. Experimental studies – effects of stimulation & ablation.							
Sleep, wakefulness – effects of sleep deprivation, disorders.							
EEG – Method of recording,							
abnormal patterns.)	3	2	2	3	3	3	3
Basal ganglia: Introduction,							
classification of nuclei, connections,							
intracortical circuits, functions,							
lesions - Parkinsonism	3	2	2	3	3	3	3
Cerebral cortex: Gross anatomy &							
divisions, concept of Broadmann's							
mapping with diagram. Higher							
functions of cerebral cortex-learning,							
memory and speech., (Cerebral corte	x						
- effects of stimulation & ablation in	3	2	2	3	3	3	3

	different regions)							
	CSF: Introduction, composition,							
	normal CSF pressure, formation &							
	circulation, functions, applied aspect							
	– brief, blood brain barrier, blood	2	2	2	2			
	CSF barrier Autonomic Nervous System:	3	2	2	3	3	3	3
	Organization and functions of							
	Parasympathetic & Sympathetic and							
	their control.	3	2	2	3	3	3	3
	Eye: Functional anatomy of eye ball.		_	_				
	visual pathway, movements							
	Of eyeball, [Refractive Errors],							
	(Optics of eye)							
	Ear, Taste and Smell: Ear:. Functions							
	of external ear, middle ear and inner							
	ear. Physiology of hearing with							
	auditory pathway.							
	Taste: functional anatomy of taste							
	buds, different taste modalities,							
	pathway, factors affecting taste							
	sensation							
	Smell: function anatomy of							
	receptors, primary olfactory							
	sensations. Olfactory Pathway, factors							
	affecting smell sensation, [Disorders							
	of hearing, taste, Smell							
	Theories and electrophysiology of							
Special	hearing], (Types of deafness)	3	2	2	3	3	3	3
Senses	Vestibular apparatus : [Disorders of							
(03Hours)	Vestibular apparatus]	3	2	2	3	3	3	3

	Introduction, classification,							
	mechanism of action And function:							
	Introduction: Major endocrine glands							
	· ·							
	Anterior Pituitary and Posterior							
	Pituitary hormones: Function,							
	regulation, disorders. (ADH,							
	Oxytocin), [Hormones: classification,							
	mechanism of action and function of							
	hormones, endocrine function of							
	hypothalamus- releasing hormones,							
	mechanism of hormone action]	3	2	2	3	3	3	3
	Adrenal Gland and cortex : Adrenal	3	2		3	3	3	3
	Cortex & Adrenal Medulla: hormone							
	secretion functions regulation, disorders	3	2	2	3	3	3	3
		3		<u> </u>	3	3	3	3
	Thyroid Gland: Thyroid Gland:							
	Thyroid hormone synthesis, fate,							
	function regulation, disorder Calcium	2		2	2		2	
	metabolism and its regulation.	3	2	2	3	3	3	3
	Parathyroid gland and Calcium							
	metabolism regulation: Parathyroid							
	hormones: synthesis, function							
	regulation, disorder-tetany, secretory							
	cell, action	3	2	2	3	3	3	3
	Pancreas: Pancreas: : hormone							
	secretion functions regulation,							
	disorders,	3	2	2	3	3	3	3
	Glucose metabolism and Diabetes:							
	Glucose metabolism and its							
	regulation.							
Endocrine	Disorder: Diabetes mellitus, (Glucose							
System (08	metabolism and regulation, radio							
Hours)	immune assays.)	3	2	2	3	3	3	3

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	Introduction and male Reproductive							
	system: Introduction and male							
	Reproductive system, (Sex							
	chromosomes, sex determination, sex							
	differentiation, development of							
	genitals and gonads)	3	2	2	3	3	3	3
	Female Reproductive system							
	Oogenesis							
	Menstrual Cycle							
	Pregnancy and Contraception: Female							
	Reproductive system							
	[Puberty and menopause, family							
	planning]	3	2	2	3	3	3	3
	Introduction, Renal blood flow and	3	2	2	3	3	3	3
	functions of kidneys, Nephrons and							
	JGA, [Concept of clearance]	3	2	2	3	3	3	3
	Mechanism of urine formation,	3	2	2	3	3	3	3
	Micturition, [perineal muscles],							
Renal	(Disorders of micturition, artificial							
System	kidney)	3	2	2	3	3	3	3
(05 Hours)	Skin and temperature regulation	3	2	2	3	3	3	3
	General Introduction: and							
	organizational plan, innervations and							
	blood supply	3	2	2	3	3	3	3
	Saliva and deglutition, Salivary							
	Secretion: Saliva: Composition.							
	Functions. Regulation	3	2	2	3	3	3	3
	Stomach and its functions: Gastric							
	secretion: functional anatomy,							
	function of stomach, composition of							
	gastric juice cellular mechanism of							
Digestive	gastric secretion, phases and							
System	regulation of gastric secretion.,							
(04Hours)	[Gastrointestinal hormones, digestion	3	2	2	3	3	3	3

	and absorption]							
	Gastrointestinal motility: mastication & deglution, gastric motility,							
	Functions of intestines and pancreas: Pancreatic Secretion: Composition, production, functions.							
	Intestinal secretions: Structure innervations Composition, mechanism of secretion of small intestinal juice & regulation of secretion, (Path physiology of GIT, effects of vagotomy, abnormal gastric motility, vomiting.)	3	2	2	3	3	3	3
	Liver and Gall bladder: microscopic structure, functions of liver, composition of bile, cellular mechanism of bile formation, enterohepatic circulation of bile salts	3	2	2	3	3	3	3
	Mechanism of defaecation: intestinal motility and defecation	3	2	2	3	3	3	3
	Concept of balanced diet  Factors affecting caloric requirements Requirements of various nutrients, sources, daily needs.							
Nutrition (01 Hour)	Nutrition under special conditions – pregnancy, lactation, growing child	3	2	2	3	3	3	3
Physiology of Ageing (01 Hour)	Physiology of Ageing with respect to all systems	3	2	2	3	3	3	3