Subject No. 7 MATERNAL NURSING

Total Hours: 300 Theory Hours : 60

Clinical Hours: 240

AIM:

This course is designed to widen the students' knowledge of obstetrics during pregnancy, labor and peurperium. It also helps to acquire knowledge and to develop skill in rendering optimum nursing care to a child bearing mother in a hospital or in a community setting and help in the management of common gynecological problems.

OBJECTIVES:

At the end of the course the student are be able to:

- 1. Describe the physiology of pregnancy, labour and peurperium.
- 2. Manage normal pregnancy, labour and peurperium.
- 3. Explain the physiology of lactation and advice on management of breast feeding.
- 4. Provide pre and post operative nursing care in obstetric conditions.
- 5. Identify and manage high risk pregnancy including appropriate referrals.
- 6. Propagate the concept and motivate acceptance of family planning methods.
- 7. Teach, Guide and supervise auxiliary midwifery personnel.

COURSE CONTENTS:

Unit I – Review:

• Early history of midwifery and evolution of obstetrics. Maternity care and practices in various cultures across the world. Expanded & extended role of the midwife in maternity. Safe motherhood initiative. Maternal mortality, morbidity and perinatal mortality. Legislation related to maternal benefits, MTP acts, Family planning. Family welfare programme.

Unit II - Anatomy and Physiology of Female Reproductive System:

Review of anatomy and physiology of female reproductive system. Review of Anatomy and physiology of
BreastFemale pelvis and fetal skull. Menstrual cycle. Human reproduction, gametogenesis, fertilization,
embryo. Placenta, liquor amnii, umbilical cord the fetus: fetal growth, fetal circulation.

Unit III - Normal Pregnancy:

Physiological &Psychological changes during pregnancy. Diagnosis of pregnancy and antenatal
care. Antenatal assessment of foetalwell being. Physiology of normal labour. Mechanism of normal
labour. Management of I, II, and III stages of labour. Physiology of normal peurperium. Physiology of
lactation and breast feeding. Management of normal peurperium. antenatal and postnatal exercise

Unit IV - New Born Baby:

• Immediate care of newborn, including SGA &LGA.Normal characteristics and essential care of newborn.Newborn Resuscitation.Asphyxia Neonatrum, respiratory distress. Jaundice in newborn. Birth injuries, infection in newborn.Still birth – incidence, causes and prevention. Organization of NICU.

Unit V - High Risk Pregnancy and medical disorders in pregnancy:

• Abortions.Hydatidiform mole.Ectopic pregnancy.Ante partum hemorrhage – Placenta praevia, Abruptio placenta.Hyper emesis Gravidarum.Pregnancy in Rh negative women. Multiple pregnancies.Hydramnios: Oligohydramnios, Polyhydramnios.Preterm labour, Postdatism.Premature rupture of membrane

- IUGR.Pregnancy with previous caesarean section.Uterine Fibroid during pregnancy. Ovarian tumor during pregnancy.
- Toxemias' during Pregnancy: Pre-eclampsia, Eclampsia. Anemia in pregnancy. Diabetes mellitus in pregnancy. Heart diseases during pregnancy. Renal disorders in pregnancy. Jaundice in pregnancy. Pulmonary TB. Pregnancy with STD, HIV / AIDS.
- Zika during pregnancy

Unit VI - High Risk Labour:

Abnormal presentation – Unstable lie, Occipito posterior, face, brow, Breech, compound presentation.
 Abnormal uterine action. Contracted pelvis and CPD Obstructed labour, rupture of uterus, injuries of maternal birth canal, cord prolapsed.

Unit VII - Abnormalities of Puerperium:

- Puerperal pyrexia and puerperal sepsis. Post partum hemorrhage. Breast complications Breast engorgement, breast abscess, acute mastitis. Psychiatric disorders in puerperium
- Obstetrical emergencies with operative obstetrics: Uterine rupture, cervical tear. D &E, S & E. Use of instruments Forceps, Vacuum. Caesarean section. Destructive operations.

Unit VIII -Pharmacotherapeutics:

- Oxytocics, Prostaglandins use in obstetrics. Anesthesia and analgesics used in obstetrics.
- Effects of drugs during pregnancy, labour and puerperium on mother and baby. Durgs used in pain less labour.

Unit IX – Gynecological Problems and National welfare programme:

- Common Gynecological Problems. Menstrual irregularity, PID, Cervical erosions, Carcinoma. Fibroids, Uterine and Cervical Prolapse Uterine Inversion etc.
- National Programme for women, National Family welfare Programme, Infertile family, Problems associated with unwanted pregnancy, unwanted mother.
- Infertility, genetic counseling. Unwanted pregnancy. Unwed mothers. Advances in maternity care.

MATERNAL NURSING

Unit No. with					Conte	ents with o	listribu	ited hours	
total hours		Objec	tives	M	Must know 60%			rable to know 30%	Nice to know 10%
I (03 hours)	At the end of unit students are able to Knowledge: Understand and describe trans cultural maternity nursing, role of nurse in family welfare programmes. Skill: To apply legislation related to maternal benefits, MTP act and family planning. Attitude: Describe expanded role of midwife in maternity care.			cultures acro extended rol • Safe mother	 Maternity care and practices in various cultures across the worldExpanded& extended role of the midwife in maternity. Safe motherhood initiative. (1 hour) 			y history of wifery and ution of obstetrics. Internal mortality, orbidity and erinatal mortality. I hour)	 Family welfare programme Legislation related to maternal benefits, MTP acts, Family planning Legal ethical aspects of midwifery (1 Hour)
Course outcome		Clician / nurse educator	Professional	Communicator	Leaders and member of the health care team and system	Life long lo	earner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5		PO6	PO7
Co-1 Explain the Expanded& exten role of the midwit maternity.	ded	1	3	3	3	3	3		3
Co-2 Describe th motherhood	e Safe	3	3	3	1	3		3	3
Co-3 Describe th Maternal mortalismorbidity	al mortality,		3	3	3		3	3	
Co-4 Explain the perinatal mortality	o-4 Explain the 3 2 2		2	3	3		3	3	
Co-5 Enlist the fa welfare programn	•	3	1	3	2	2		1	3

Co-6 Explain the act	MTP	3	1	3	3	3	3	3	
Co-7 Explain the ethical aspects of midwifery	Legal	3	3	3	2	2	2	2	
II (05 hours)	female reproductive system. Explain fertilization, fetal growth and fetal circulation. Skill: Demonstrate fetal skull and female pelvis. Attitude: Recognizes placenta, liquor amnii, umbilical cord.				 Review of anatomy and physiology of female reproductive system. Review of Anatomy and physiology of Breast. Female pelvis and foetal skull. Human reproduction, gametogenesis, fertilization, embryo. Placenta, liquor amnii, umbilical cord(3hour) Menstrual cycle. The foetus: foetal growth, foetal circulation. (2 hour) 				
educator			Communicator	Leaders and member of the health care team and system	Life long learner	Critical thinker	Researcher		
		PO1	PO2	PO3	PO4	PO5	PO6	PO7	
Co-1 Describe Female pelvis	e the	3	2	2	3	2	1	2	
Co-2 Describe th	e foetal	2	2	3	3	2	2	2	
Co-3 Explain the of placenta	fuction	3	2	3	3	2	2	1	
Co-4 Explain umbilical cord	the	2	1	2	2	1	2	3	
Co-5 Explain the cycle	Mestual	2	2	3	3	2	3	3	
Co-6 Explain the circulation	foetal	2	3	3	2	2	2	3	
At the end of unit students are able to Knowledge: Understands and describe physiological changes during pregnancy,			-	&Psychological chancy. Diagnosis of procare.	regnancy and	siology of lactation breast feeding. our)	• Partograph ,episiotomy & Various child		

and Skil Atti	physiology of lactation, diagnosis of pregnancy and antenatal care. Skill: Demonstrate mechanism of normal labor. Attitude: Perform antenatal assessment of fetal well being. Well being. Management of I, II, and III stages of labour. Physiology of normal puerperium. Management of normal Puerperium. Management of normal Puerperium. antenatal and postnatal exercise ((2 hour)						birth practices (1 hour)
Course outcome	Clician / nurse educator	Professional	Communicator			Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
Co-1 Explain the physiological & psychological changes during pregnancy.	2	1	3	2	2	3	2
Co-2 Explain the role nurse in antenatal care		2	3	3	1	2	3
Co-3 Define the normalabour	1 3	2	3	3	2	3	3
Co-4 Describe the stag	es 3	3	3	2	2	2	2
Co-5Enumarate the physiological changes the uterus as labour prograsses	1 in	2	3	3	1	2	2
Co-6 Describe the signs 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3		3	2	2	2	2	

1 1								
labour.								
Co-7 Explain the for the onset of		2	1	1	2	3	3	2
Co-8Enlist the throf Normal Labou		2	3	3	3	1	3	3
Co-9 Define and the mechanism of labour		2	1	3	2	2	2	2
Co-10 Explain the nursing managem III stage of labour	nent of	3	3	3	3	3	2	2
Co- 11 Define no Puerperium.	Co- 11 Define normal 1 2 Puerperium.		2	2	3	3	3	3
Co-12 Enlist the advantages of bre feeding.	east	1	3	3	3	3	3	3
Co-13 Explain the Partograph	e	2	2	3	3	3	2	2
Co-14 Define epi	siotomy	3	1	2	2	2	3	3
IV (05 hours)	Knowle neonatr birth inj Skill: D newbor	_	nd describe asphyxia tress, neonatal jaundic infections. rn assessment and	e, LGA.Normal care of newb Newborn Res	are of newborn, included the characteristics and corn. (1 hour) suscitation. Asphyxia respiratory distress. J	essential	Organization of NICU Management of NICU, infection control in NICU, immunization & baby friendly hospital initiatives	• Still birth – incidence, causes and prevention. (1 hour)

newbor	n.Identify the organ	nization of NICU.	Birth injurio	es, infection in newbo	orn. (2 hour)	(1 hour)	
Course outcome	Clician / nurse educator	Professional	Communicator	Leaders and member of the health care team and system	Life long learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
Co-1Explain the Immediate care of newborn	2	3	3	2	2	2	2
Co-2 Enlist the characteristics of newborn	3	1	3	2	2	3	3
Co-3 Define the Asphyxia Neonatrum	2	3	3	3	2	2	3
Co-4 Enlist the Birth injuries	3	1	3	2	3	2	3
Co-5 Explain the Organization of NICU	3	3	3	3	2	2	3
Co-6 Describe the infection control in NICU	3	3	2	2	3	3	3

Co-7 Define immunization Co-8 Explain the baby friendly hospital Co-9 Enlist the causes of Still birth Co-10 Explainthepreventi	2	3 3 3	3 3 3	2 3 3	2 2 2	3 3	3 3 3
V Kno (17 hours) mans Expl disor Skill patie Perf high Attit for h	At the end of unit students are able to Knowledge: Understand and describe the			Ante partum hemorrh nevia, Abruptio place vidarum. Multiple de la Hydramnios: Oligohanios. Preterm labour, Premature rupture of troid during pregnancy: Pregnancy: Pregnancy: Pregnancy during Pregnancy: Pregnancy during pregnancy during pregnancy.	age – nta.Hyper lydramnios., membrane. y. e-eclampsia, pre 2il pre (2	egnancy in Rh gative women. egnancy with evious caesarean tion. endice in pregnancy. emonary TB. hours) ine Flu with egnancy ta during egnancy hours)	Ovarian tumor during pregnancy Renal disorders in pregnancy (1 hour)
e	lucator			member of the health care team and system	Life long learner	Critical thinker	Researcher
Co-1 Define the 2	O1 F	PO2 F		PO4 3	PO5 3	PO6	PO7 2

	1						
abortions.							
Co-2 Explain the classification of abortion	1	2	3	2	2	2	2
Co-3 Define the ectopic pregnancy and describe the site of implantation	3	3	2	3	3	3	3
Co 4 Define the Multiple pregnancie	2	2	2	3	1	2	2
Co-5 Define the Oligohydramnios.	3	3	3	2	2	2	2
Co-6 Define the Preterm labour	2	3	3	3	3	3	2
Co-7 Enlist the clinical features of uterine fibroid during pregnancy	2	2	2	3	2	3	3
Co-8Define the Pre-eclampsia	3	3	3	3	2	2	2
Co-9 Describe the classification of anemia in pregnancy	2	1	3	3	3	3	3
Co-10 Explain the management of heart diseases during pregnancy	3	3	3	3	3	2	2

Co-11 Enlist the complications of diabetes in pregnancy Co-12 E1nlist the	3	3	3	3	2	2	2
cuses of Jaundice i	n						
Co-13Explain the treatment of ovaria tumor during pregnancy	2 2	2	2	1	3	3	3
VI (05 hours)	At the end of unit student Knowledge: Understand uterine action, obstructed cord prolapsed. Skill: Demonstrate about the Attitude: Identify work and CPD.	d and describe abnormed labour, rupture of ut	oral Occipito po compound Abnormal and CPD.	presentation – Unstab osterior, face, brow, E presentation. uterine action.Contra cord Prolapse. (2hour	Breech, rupt inju- cted pelvis birt	Obstructed labour, ture of uterus, ries of maternal h canal, (2 hour)	 Puerperal pyrexia and puerperal sepsis. Psychiatric disorders in puerperium.(1 hour)
Course outcome	Clician / nurse educator	Professional	Communicator	Leaders and member of the health care team and system	Life long learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
Co-1 Explain the mamagement of occipito posterior position	2 of	2	3	2	2	2	2
Co-2 Enlist the etiology of breech	1	3	2	2	3	2	2

presentation							
Co-3 Enlist the types of the cord prolapse	2	3	3	3	1	2	2
Co-4 Define the contracted pelvis	2	3	3	3	3	3	3
Co-5 Define the CPD (cephlopelvic disproportion)	3	2	2	1	2	2	2
Co-6 Define the obstructed labour	2	2	3	3	3	3	2
Co-7 Enlist the injuries of maternal birth canal	1	3	3	2	2	2	2
Co-7 Define the puerperal pyrexia	2	2	3	3	3	2	2
Co-8 Define the puerperal sepsis		2	3	3	3	1	2
Co-9 Describe the risk factors of psychiatric disorders in puerperium	2	2	3	2	2	1	3
VII (07 hou1rs) PD S	At the end of unit student Knowledge: Understand yrexia, puerperal sepsis Describe operative emokill: Demonstrate skill ostnatal complications. Perform various nursing bstetrical complication	I and describe puerper s, PPH. ergencies. in nursing manageme	 Uterine rup Use of institution Caesarean Destructive 	n hemorrhage oture, cervical tear ruments – Forceps, Vasection e operations.(4 hour)	Brea brea mas	ast complications – ast engorgement, ast abscess, acute titis. a E , S & E our)	• Sub involution of uterus (1 hour)

Co Id Co R	attitude: Identify various omplications. dentify instrumental onfidence while caring decognize various insuperative obstetrics.	deliveries. Display g operative patients.					
Course outcome	Clician / nurse educator	Professional	Communicator	Leaders and member of the health care team and system	Life long learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
Co-1 Define the post partum hemorrhage	2	3	2	3	3	3	3
Co-2 Describe the causes of cervical tear	3	3	3	3	3	2	2
Co-3 Enlist the indication of Forceps delivery	3	2	2	3	3	3	3
Co-4 Define the Caesarean section	2	3	3	3	3	3	2
Co-5 Enlist the of destructive operations	3	3	1	2	3	3	3
Co-6 Explain the management of breast complications	3	3	3	3	3	3	2
3Co-7Enlist	3	3	3	1	1	2	3

indications of Dilatation and Evacuation (D & E) Co-8 Define the sub involution of uterus	3	3	3	2	2	3	3
VIII (02 hours) PS S ei	At the end of unit studer (Inowledge: Describe the rostaglandins and anest kill: Calculate the dose (Ifects of drugs used in a (Ititude: Differentiate velocities). Recognizes and dministering drugs.	ne use of oxytocins, thetic agents in obstets s of drugs.Identify the obstetrics. various drugs used in	• Effect of d & Puerperi hour)	Prostaglandins – use in rugs during pregnant um on mother and b	labor paby(1	gs used in pain less our esthesia & lgesic used in tetrics (1 hour)	
Course outcome	Clician / nurse educator	Professional		Leaders and member of the health care team and system	Life long learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
Co-1 Explain the methods of administration of oxytocin during labour	3	3	1	2	3	3	3
Co-2 Describe the use and nursing considerations for tocolytic agents	3	3	3	1		2	3
Co-3 Describe the nursing considerations during the	2	2	2	3	3	3	3

administration of regional anaesthesia								
Co-4 Enlist the analgesic drugs used in obstetrics	3	3	3	3	1		2	3
IX KI (07 hours) pro Ur Pr un Sk to Pla At cos	11							
Course outcome	Clician / nurse educator	Professional	Communicator	Leaders and member of the health care team and system	Life long lea	rner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5		PO6	PO7
Co-1 Enlist types of fibroids	3	3	3	1	1		2	3
Co-2 Define genetic counseling	3	3	3	3	3		3	3
Co-3 Define infertility	2	2	3	3	2		3	2
Co-4 Enlist the	3	3	3	3	2		3	3

stages of endometrial cycle							
Co-5 Explain the preventive and curative mamagement of cacinoma of cervix	3	3	3	3	3	12	1
Co-6 Enlist the stapes of breast self examination	3	3	3		3	2	2
Co-6 Explain the nwanteud pregnancy	3	3	3	3	3	3	3
Co-7 Describe the programme of reproductive and child health (RCH) services	2	3	3	3	3	2	1
Co-8 Define unwed mother	3	3	3	2	2	3	3
Co-9 Define pelvic inflammatory disease (PID)	3	2	2	3	3	2	3

DISTRIBUTION OF CLINICAL HOURS:

	Total Hours: 240	Unit	Clinical hrs	
Clinical Experience		1. Antenatal and Post natal ward	30	
		2. Labour Room	60	
		3.Gynaec ward	60	
		4. OPD	30	
		5. Operation Theatre	60	

TEACHING STRATEGY:

Total Teaching Hours: 300 Lecture: 60- hours Clinical hours: 240

TEACHING METHODS:

• Lecture, Seminar, Laboratory Demonstration, Group Discussion, Clinical Observation, Bed Side clinic, Workshops, Simulation and Modified Tutorial

ASSIGNMENTS: Theory:

Theory:

Sr.	Assignments	No./	Marks Per	Total
No		Quantity	Assignment	Marks
1	Home assignment (1LAQ -10marks & 5 SAQ-3marks)	Two	25	50
2	Home assignment (2 LAQ -20marks)	One	20	20
			Total Marks	70

Practical:

Sr. No	Assignments	No./Quantity	Marks Per	Total
			Assignment	Marks
1	Clinical Performance Evaluation	Three	50	150
2	Case Presentation	One	25	25
3	Case study	One	25	25
4	Nursing Care Plan	Two	20	40
5	Organization of mass Health Education programme (Group Work)	One	10	10
			Total Marks	250

A. V. AIDS:

 Over head Projector, L.C.D, Computer Assisted Instruction, Flip charts, Posters, Black Board, Models, Mannequins

LIST OF RECOMMENDED BOOKS:

- Myles Text Book of Midwives- Eds; Diane M. Fraser and Margaret A. Cooper
- D.C. Dutta- Text Book of Obstetrics including Perinatology and Contraception
- Hawkins and Bourne, Shaws -Textbook of Gynaecology
- S SRatnam, K Bhasker Rao and S Arulkumaran, -Obstetrics and Gynaecology for Postgraduates, Vol. 1 and Vol. 2
- Lower milk, Perry, Bobak-Maternity and women's Health Care
- C. S. Dawn:-Textbook for obstetrics & neonatology.