

## **PROFESSIONALISM, PROFESSIONAL VALUES & ETHICS INCLUDING BIOETHICS**

### **PLACEMENT: IV SEMESTER**

**THEORY:** 1 Credit (20 hours)

**DESCRIPTION:** This course is designed to help students to develop an understanding of professionalism and demonstrate professional behavior in their workplace with ethics and professional values. Further the students will be able to identify ethical issues in nursing practice and participate effectively in ethical decision making along with health team members.

**COMPETENCIES:** On completion of this course, the students will be able to

1. Describe profession and professionalism.
2. Identify the challenges of professionalism.
3. Maintain respectful communication and relationship with other health team members, patients and society.
4. Demonstrate professional conduct.
5. Describe various regulatory bodies and professional organizations related to nursing.
6. Discuss the importance of professional values in patient care.
7. Explain the professional values and demonstrate appropriate professional values in nursing practice.
8. Demonstrate and reflect on the role and responsibilities in providing compassionate care in the health care setting.
9. Demonstrate respect, human dignity and privacy and confidentiality to self, patients and their care givers and other health team members.
10. Advocate for patients' wellbeing, professional growth and advancing the profession.
11. Identify ethical and bioethical concerns, issues and dilemmas in nursing and healthcare.
12. Apply knowledge of ethics and bioethics in ethical decision making along with health team members.
13. Protect and respect patient's rights.

## COURSE OUTLINE

### T–Theory

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
I	5(T)	<p>Discuss nursing as a profession</p> <p>Describe the concepts and attributes of professionalism</p> <p>Identify the challenges of professionalism</p> <p>Maintain respectful communication and relationship with other health team members, patients and society</p> <p>Demonstrate professional conduct</p> <p>Respect and maintain professional boundaries between patients, colleagues and society</p> <p>Describe the roles and responsibilities of regulatory bodies and professional organizations</p>	<p><b>PROFESSIONALISM</b></p> <p><b>Profession</b></p> <ul style="list-style-type: none"> <li>• Definition of profession</li> <li>• Criteria of a profession</li> <li>• Nursing as a profession</li> </ul> <p><b>Professionalism</b></p> <ul style="list-style-type: none"> <li>• Definition and characteristics of professionalism</li> <li>• Concepts, attributes and indicators of professionalism</li> <li>• Challenges of professionalism                             <ul style="list-style-type: none"> <li>○ Personal identity vs. professional identity</li> <li>○ Preservation of self-integrity: threat to integrity, Deceiving patient: withholding information and falsifying records</li> <li>○ Communication &amp; Relationship with team members: Respectful and open communication and relationship pertaining to relevant interests for ethical decision making</li> <li>○ Relationship with patients and society</li> </ul> </li> </ul> <p><b>Professional Conduct</b></p> <ul style="list-style-type: none"> <li>• Following ethical principles</li> <li>• Adhering to policies, rules and regulation of the institutions</li> <li>• Professional etiquettes and behaviors</li> <li>• Professional grooming: Uniform, Dress code</li> <li>• Professional boundaries: Professional relationship with the patients, caregivers and team members</li> </ul> <p><b>Regulatory Bodies &amp; Professional Organizations: Roles &amp; Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Regulatory bodies: Indian Nursing Council, State Nursing Council</li> <li>• Professional Organizations: Trained Nurses Association of India (TNAI), Student Nurses Association (SNA), Nurses League of Christian Medical Association of India, International Council of Nurses (ICN) and International Confederation of Midwives</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture cum Discussion</li> <li>• Debate</li> <li>• Roleplay</li> <li>• Case based discussion</li> <li>• Lecture cum Discussion</li> <li>• Visit to INC, SNC, TNAI</li> </ul>	<ul style="list-style-type: none"> <li>• Short answer</li> <li>• Essay</li> <li>• Objective type</li> <li>• Visit reports</li> </ul>

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
II	5(T)	<p>Discuss the importance of professional values</p> <p>Distinguish between personal values and professional values</p> <p>Demonstrate appropriate professional values in nursing practice</p>	<p><b>PROFESSIONAL VALUES</b></p> <ul style="list-style-type: none"> <li>• Values: Definition and characteristics of values</li> <li>• Value clarification</li> <li>• Personal and professional values</li> <li>• Professional socialization: Integration of professional values with personal values</li> </ul> <p><b>Professional values in nursing</b></p> <ul style="list-style-type: none"> <li>• Importance of professional values in nursing and health care</li> <li>• Caring: definition, and process</li> <li>• Compassion: Sympathy vs empathy, Altruism</li> <li>• Conscientiousness</li> <li>• Dedication/devotion to work</li> <li>• Respect for the person-Human dignity</li> <li>• Privacy and confidentiality: Incidental disclosure</li> <li>• Honesty and integrity: Truth telling</li> <li>• Trust and credibility: Fidelity, Loyalty</li> <li>• Advocacy: Advocacy for patients, work environment, nursing education and practice, and for advancing the profession</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture cum Discussion</li> <li>• Value clarification exercise</li> <li>• Interactive learning</li> <li>• Storytelling</li> <li>• Sharing experiences</li> <li>• Scenario based discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Short answer</li> <li>• Essay</li> <li>• Assessment of student's behavior with patients and families</li> </ul>
III	10(T)	<p>Define ethics &amp; bioethics</p> <p>Explain ethical principles</p> <p>Identify ethical concerns</p> <p>Ethical issues and dilemmas in health care</p>	<p><b>ETHICS &amp; BIOETHICS</b></p> <p><b>Definitions: Ethics, Bioethics and Ethical Principles</b></p> <ul style="list-style-type: none"> <li>• Beneficence</li> <li>• Non-maleficence: Patient safety, protecting patient from harm, Reporting errors</li> <li>• Justice: Treating each person as equal</li> <li>• Care without discrimination, equitable access to care and safety of the public</li> <li>• Autonomy: Respects patients' autonomy, Self-determination, Freedom of choice</li> </ul> <p><b>Ethical issues and ethical dilemma: Common ethical problems</b></p> <ul style="list-style-type: none"> <li>• Conflict of interest</li> <li>• Paternalism</li> <li>• Deception</li> <li>• Privacy and confidentiality</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture cum discussion</li> <li>• Group discussion with examples</li> <li>• Flipping/ self-directed learning</li> <li>• Roleplay</li> <li>• Storytelling</li> <li>• Sharing experiences</li> <li>• Case based Clinical discussion</li> <li>• Role modeling</li> <li>• Group exercise on ethical decision-making following steps on a given scenario</li> <li>• Assignment</li> </ul>	<ul style="list-style-type: none"> <li>• Short answer</li> <li>• Essay</li> <li>• Quiz</li> <li>• Reflective diary</li> <li>• Case report</li> <li>• Attitude test</li> <li>• Assessment of assignment</li> </ul>

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
		<p>Explain process of ethical decisionmaking and apply knowledge of ethics and bioethics in making ethical decisions</p> <p>Explain code of ethics stipulated by ICN and INC</p>	<ul style="list-style-type: none"> <li>• Valid consent and refusal</li> <li>• Allocation of scarce nursing resources</li> <li>• Conflicts concerning new technologies</li> <li>• Whistle-blowing</li> <li>• Beginning of life issues <ul style="list-style-type: none"> <li>○ Abortion</li> <li>○ Substance abuse</li> <li>○ Fetal therapy</li> <li>○ Selective deeducation</li> <li>○ Intrauterine treatment of fetal conditions</li> <li>○ Mandated contraception</li> <li>○ Fetal injury</li> <li>○ Infertility treatment</li> </ul> </li> <li>• End of life issues <ul style="list-style-type: none"> <li>○ End of life</li> <li>○ Euthanasia</li> <li>○ Do Not Resuscitate (DNR)</li> </ul> </li> <li>• Issues related to psychiatric care <ul style="list-style-type: none"> <li>○ Noncompliance</li> <li>○ Restrain and seclusion</li> <li>○ Refuse to take food</li> </ul> </li> </ul>		

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
		<p>Discuss the rights of the patients and families to make decisions about healthcare</p> <p>Protect and respect patients' rights</p>	<p><b>Process of ethical decision making</b></p> <ul style="list-style-type: none"> <li>• Assess the situation (collect information)</li> <li>• Identify the ethical problem</li> <li>• Identify the alternative decisions</li> <li>• Choose the solution to the ethical decision</li> <li>• Implement the decision</li> <li>• Evaluate the decision</li> </ul> <p><b>Ethics committee: Roles and responsibilities</b></p> <ul style="list-style-type: none"> <li>• Clinical decision making</li> <li>• Research</li> </ul> <p><b>Code of Ethics</b></p> <ul style="list-style-type: none"> <li>• International Council of Nurses (ICN)</li> <li>• Indian Nursing Council</li> </ul> <p><b>Patients' Bill of Rights-17 patients' rights (MoH &amp; FW, GoI)</b></p> <ol style="list-style-type: none"> <li>1. Right to emergency medical care</li> <li>2. Right to safety and quality care according to standards</li> <li>3. Right to preserve dignity</li> <li>4. Right to non-discrimination</li> <li>5. Right to privacy and confidentiality</li> <li>6. Right to information</li> <li>7. Right to records and reports</li> <li>8. Right to informed consent</li> <li>9. Right to second opinion</li> <li>10. Right to patient education</li> <li>11. Right to choose alternative treatment options if available</li> <li>12. Right to choose source for obtaining medicines or tests</li> <li>13. Right to proper referral and transfer, which is free from perverse commercial influences</li> <li>14. Right to take discharge of patient or receive body of deceased from hospital</li> <li>15. Right to information on the rates to be charged by the hospital for each type of service provided and facilities available on a prominent display board and a brochure</li> <li>16. Right to protection for patients involved in clinical trials, biomedical and health research</li> <li>17. Right to be heard and seek redressal</li> </ol>		

**Distribution of teaching hours in  
PROFESSIONALISM,PROFESSIONAL VALUES&ETHICSINCLUDINGBIOETHICS**

STRATEGY		Teaching hours
Didactic	Lectures	19
Tutorial		01 hrs.
		20 hrs.

**Topics & outcomes in community health nursing**

Subjects	Number of Themes*	Number of outcomes**
PROFESSIONALISM,PROFESSIONAL VALUES&ETHICSINCLUDINGBIOETHICS	03	29

**DISTRIBUTION OF THEORY HOURS**

S. N	Theme	Topics	Teaching hrs.
1	PROFESSIONALISM	PROFESSIONALISM	5
2	PROFESSIONALVALUES	PROFESSIONALVALUES	5
3	ETHICS & BIOETHICS	ETHICS & BIOETHICS	10
TOTAL			20 Hours

**PROFESSIONALISM, PROFESSIONAL VALUES & ETHICS INCLUDING BIOETHICS**

					Core competencies		Non-core competencies	Total Hours
Theme and total hours allotted	Objectives	Topic	Code No	Competency	Must know	Desirable to know	ice to know	
I ( 5 Hrs)	<p>At the end of unit students are able to</p> <p><b>Knowledge:</b> Know and understand about the Professionalism</p> <p><b>Skill:</b> Maintain respectful communication and relationship with other health team members, patients and society</p> <p><b>Attitude:</b> Understand the importance of regulatory bodies and professional organizations</p>	<b>PROFESSIONALISM</b>	PROF230:I VSEM1.1	CO-1. Explain nursing as a profession	<p><b>PROFESSIONALISM</b></p> <p><b>Profession</b></p> <p>Definition of profession</p> <p>Criteria of a profession</p> <p>Nursing as a profession</p> <p><b>Professionalism</b></p> <p>Definition and characteristics of professionalism</p> <p>Concepts, attributes and indicators of professionalism</p> <p><i>Challenges of professionalism</i></p> <p>Personal identity vs professional identity</p> <p>Preservation of self-integrity: threat to integrity, Deceiving patient: withholding information</p>			½ hour
			PROF230:I VSEM1.2	CO-2. Describe the concepts and attributes of professionalism				½ hour
			PROF230:I VSEM1.3	CO-3. Explain the characteristics of professionalism				½ hour
			PROF230:I VSEM1.4	CO-4. Identify the challenges of professionalism				½ hour
			PROF230:I VSEM1.5	CO-5. Describe about the Personal identity vs professional identity				½ hour
			PROF230:I VSEM1.6	CO-6. Maintain respectful communication				½ hour

				andrelationshipwithothe rhealth team members,patientsandsoc iety	andfalsifyingrecords Communication & Relationship withteam members: Respectful and opencommunication and relationshippertaining to relevant interests forethicaldecisionmaki ng Relationshipwithpatien tsandsociety (3 Hrs)			
			PROF230:I VSEM1.7	CO-7. Write about the Professionalgrooming and demonstrateprofessional conduct		<b>Professional Conduct</b> Followingethi calprinciples Adheringtopo licies,rulesan dregulationoft heinstitutions Professionalet iquettesandbe haviors Professionalg rooming:Unif orm,Dresscod e Professionalb oundaries:Pro fessionalrelati		½ hour
			PROF230:I VSEM1.8	CO-8. Respectandmaintainprof essionalboundaries betweenpatients, colleaguesandsociety				½ hour



						onship with the patients, caregivers and team members (1 hr)		
			PROF230:I VSEM1.9	CO-9. Describe the roles and responsibilities of regulatory bodies.			Regulatory Bodies & Professional Organizations: Roles & Responsibilities <i>Regulatory bodies:</i> Indian Nursing Council, State	½ hour
			PROF230:I VSEM1.10	CO-10. Describe the roles and responsibilities of and professional organizations.				½ hour

							Nursing Council Council <i>Professional</i> <i>Organizations:</i> Trained Nurses Association of India (TNAI), Student Nurses Association (SNA), Nurses League of Christian Medical Association of India, International Council of Nurses (ICN) and International Confederation of Midwives (1 hr)	
II	At the end of unit students are able to	<b>PROFESSIO</b>	PROF230:IVSEM2.1	CO-1. Explain about	<b>Unit II -</b>			1 hr

( 5 Hrs)	<p><b>Knowledge:</b> Know and understand about the Professional values</p> <p><b>Skill:</b> Demonstrate appropriate professional values in nursing practice</p> <p><b>Attitude:</b> Distinguish between personal values and professional values</p>	<b>NALVALUE S</b>		characteristics, importance of values.	<b>PROFESSIONAL VALUES</b> Values:Definitionand characteristics of values Valueclarification Personalandprofessional values Professionalsocialization:Integrationof professional values with personalvalues <b>Professional values in nursing</b> Importanceof professional values in nursing and health care Caring:definition, and process Compassion:Sympathy Vsempathy,Altruism (3 Hrs)			
			PROF230:IVSEM2.2	CO-2. Differentiate between personal values and professional values			1 hr	
			PROF230:IVSEM2.3	CO-3. Explain about Caring			½ hour	
			PROF230:IVSEM2.4	CO-4. Describe about the Compassion			½ hour	
			PROF230:IVSEM2.5	CO-5. Explain about the Respect for the person and Dedication/devotion to work			½ hour	
			PROF230:IVSEM2.6	CO-6. Write about the privacy , honesty and confidentiality			½ hour	
							Conscientiousness Dedication/devotion to work Respect for the person- Human dignity Privacy and confidentiality:	

						Incidental disclosure Honesty and integrity: Truth telling (1 hr.)		
			PROF230: I VSEM2.7	CO-7. Write about the Trust and credibility			Trust and credibility: Fidelity, Loyalty	½ hour
			PROF230: I VSEM2.8	CO-8. Explain about the Advocacy			Advocacy: Advocacy for patients, work environment, nursing education and practice, and for advancing the profession (1Hr)	½ hour
III (10 hrs)	At the end of unit students are able to <b>Knowledge:</b> Know and understand about the Professional values <b>Skill:</b> Demonstrate appropriate	<b>ETHICS &amp; BIOETHICS</b>	PROF230: I VSEM3.1	CO-1- Explain about the Beneficence and Non-maleficence	<b>ETHICS &amp; BIOETHICS</b>			(1Hr)
			PROF230: I VSEM3.2	CO-2- Explain about the Justice in patients care	<b>Definitions: Ethics, Bioethics and Ethical Principles</b>			(1Hr)
			PROF230: I VSEM3.3	CO-3- Describe about the Ethical issues and	<b>Beneficence</b>			(1Hr)

professional values in nursing practice  <b>Attitude:</b> Distinguish between personal values and professional values			ethical dilemma: Common ethical problems	Non-maleficence: Patient safety, protecting patient from harm, Reporting errors Justice: Treating each person as equal Care without discrimination, equitable access to care and safety of the public Autonomy: Respects patients' autonomy, Self-determination, Freedom of choice. <b>Ethical issues and ethical dilemma: Common ethical problems</b> Conflict of interest Paternalism Deception Privacy and confidentiality Valid consent and refusal Allocation of scarce nursing resources Conflicts concerning new technologies Whistle-blowing <i>Beginning of life issues</i>			
		PROF230:IVSEM3.4	CO-4- Explain about the Autonomy				(1Hr)
		PROF230:IVSEM3.5	CO-5- Explain about the End of life issues				(1Hr)
		PROF230:IVSEM3.6	CO-6- Explain about the Issues related to psychiatric care				(1Hr)

					<p>Abortion  Substance abuse  Fetal therapy  Selective deeducation  Intrauterine treatment of fetal conditions  Mandated contraception  Fetal injury  Infertility treatment  <i>End of life issues</i>  End of life  Euthanasia  Do Not Resuscitate (DNR)  <i>Issues related to psychiatric care</i>  Noncompliance  Restrain and seclusion  Refuse to take food  <b>(6 hrs)</b></p>			
			PROF230: I VSEM3.7	CO-7-Write about the Process of ethical decision making.		<p><b>Process of ethical decision making</b>  Assess the situation (collect information)  Identify the ethical problem  Identify the alternative decisions</p>		(1Hr)

						Choose the solution of the ethical decision Implement the decision Evaluate the decision <b>Ethics committee: Roles and responsibilities</b> Clinical decision making Research <b>Code of Ethics</b> International Council of Nurses (ICN) Indian Nursing Council. (3 hrs)	
			PROF230: I VSEM3.8	CO 8- Identify the ethical problem and their alternative decisions			(1Hr)
			PROF230: I VSEM3.9	CO-9- Write about the Ethics committee: Roles and responsibilities			½ hour

			PROF230:I VSEM3.10	CO-10-Explain about the Code of Ethics				½ hour
			PROF230:I VSEM3.11	CO-11-Explain about the Patients' Bill of Rights- 17 patients' rights (MoH&FW,GoI)			<b>Patients' Bill of Rights-17 patients' rights(MoH &amp;FW,GoI )</b> Righttoemergency medicalcare Right to safety and quality careaccording tostandards Rightto preserve dignity Righttonon discrimination Righttoprivacyandconfidentiality Righttoinformation Righttoaccess	(1Hr)



							<p>ords andreports Right to informed consent Right to second opinion Right to patient education Right to choose alternative treatment options if available Right to chooses our cefor obtaining medicines or tests Right to proper referral and transfer,wh ich is free from perverse commercia l</p>	
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							<p>influences Right to take discharge of patient or receive body of deceased from hospital Right to informatio n on the rates to be charged by the hospital for each type of service provided and facilities available on a prominent display board and a brochure Right to protection for patients involved in</p>	
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							clinical trials, biomedical and health research Right to be heard and seek redressal <b>(1 hrs)</b>	
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**TEACHING STRATEGY:**

Total Hours: 20

Theory Hours: 20

Clinical/Practical Hours:

**Modified Tutorials (1Hours)**

Sr. No	Comp. no	TOPIC	Domain	T-L Method	Teaching Hrs
1.	PROF230:IVSEM1.6	Maintain respectful communication and relationship with other health team members, patients and society	K,S	Tutorials	1 Hour

Theory**Continuous Assessment: 10Marks**

Sr. No	Assignments	Percentage of Attendance required	Allotted marks	Total Marks for attendance
1	Attendance	95-100%	2	2 marks
		90-94%	1.5	
		85-89%	1	
		80-84%	0.5	
		<80%	0	
		Number of assignments required	Marks	Total Marks allotted
2.i	Written Assignment	2	1X5	5
ii	Written assignment		1X5	5
3.i	Seminar/Individual presentation on schedule drugs	2	1x6	6
	ii		Microteaching	1x6
4	Group work/Work/Report/Drug study/presentation	1	1x6	6
<b>Total</b>				<b>30/3=10Marks</b>

## Formative Assessment

### 1. Sessional Examinations: Theory: I

**Name of the Institute: SRMM College of Nursing**

**Name of Examination : Fourth Semester B.Sc. Nursing**

**Semester IV/Sessional I: Professionalism, professional values &ethics including bioethics**

PROF 230: IV -SEM/Primary/2021-2025

	Must to Know (MK)	Desirable to know (DK)	Nice to know (NK)	Marks=30
Essay/Situation type (2) 1/2	(2) Level-I-1 Level-II-1			10Mx1=10M
Short(3) 2/3	(2) Level I-1 Level II-1	(1) Level I-1		5Mx2=10M
Very Short (4) 3/4	(2) Level I-1 Level II-1	(1) Level I-1	(1) Level-I-1	2Mx3=6M
MCQ (4) 4/4	(2) Level I-1 Level II-1	(1) Level I-1	(1) Level-1	1Mx4=4M
About 60:30:10 (MK:DK:NK) Level of Learning 80:20				<b>Total =30</b>

2. Sessional Examinations: Theory: II

**Name of the Institute: SRMM College of Nursing**

**Name of Examination: Fourth Semester B.Sc. Nursing**

**Semester IV/Sessional II: Professionalism, professional values & ethics including bioethics**

PROF 230: IV -SEM/Primary/2021-2025

	Must to Know (MK)	Desirable to know (DK)	Nice to know (NK)	Marks=50
Essay/Situation type (2) 1/2	(2) Level-I-1 Level-II-1			10Mx1=10M
Short(5) 4/ 5	(3) Level I-2 Level II-1	(2) Level I-1 Level I-1		5Mx4=20M
Very Short (7) 6/7	(4) Level I-3 Level II-1	(2) Level I-1 Level-II-1	(1) Level-I-1	6Mx2=12M
MCQ(8) 8/8	(5) Level I-4 Level II-1	(2) Level I-1 Level-II-1	(1) Level-1	1Mx8=8M
About 60:30:10 Level of Learning 80:20	(MK:DK:NK)			<b>Total =50</b>

**2. College Exam (End of Semester)–50marks (50/2=25marks)Assessment**

**a. Theory:**

**Name of the Institute: SRMM College of Nursing**

**Name of Examination: Fourth Semester B.Sc. Nursing**

**Semester IV/College level: Professionalism, professional values &ethics including bioethics**

**PROF 230: IV -SEM/Primary/2021-2025**

	Must to Know (MK)	Desirable to know (DK)	Nice to know (NK)	Marks=50
Essay/Situation type (2) 1/2	(2) Level-I-1 Level-II-1			10Mx1=10M
Short(5) 4/ 5	(3) Level I-2 Level II-1	(2) Level I-1 Level I-1		5Mx4=20M
Very Short (7) 6/7	(4) Level I-3 Level II-1	(2) Level I-1 Level-II-1	(1) Level-I-1	6Mx2=12M
MCQ(8) 8/8	(5) Level I-4 Level II-1	(2) Level I-1 Level-II-1	(1) Level-1	1Mx8=8M
About 60:30:10 (MK:DK:NK) Level of Learning 80:20				<b>Total =50</b>

## Recommended Books